UPDATE for the Community

WASHINGTON HEALTH ALLIANCE

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LETTER FROM THE EXECUTIVE DIRECTOR

Last month I shared that the Alliance received a scholarship through the Network for Regional Healthcare Improvement's Getting to Affordability initiative, funded by the Robert Wood Johnson Foundation, for registration and travel to the National Affordability Summit in Washington, D.C. on September 27th.

We have just returned from the summit and I am eager to share some of our key takeaways. I left the conference feeling optimistic and even more convinced of the importance of the Alliance's work. It was heartening to be in the same room with people from across the country who are passionate about improving the health care system, knowing that we are all fighting the same battle.

The overarching goals of the summit were to gain a deeper understanding of why health care costs so much and discuss actionable strategies that can move the market to value. These goals dovetail with our mission at the Alliance, and there were several areas of focus I wanted to share. Read more from our Executive Director.

ALLIANCE UPDATES

- We had a great turnout at our All-Alliance Meeting!
- Improving Value in Health Care: The 2017 Choosing Wisely Summit, Friday, Oct. 27
- Opioid Medication and Pain infographic now available in 21 languages
- Healthier Washington quarterly webinar: How shared decision making supports value-based care
- Healthier Washington Symposium is Oct. 18-19
- Registration open for free conference on practice transformation success
- New Consumer Reports resources for treating pain
- Bree Collaborative Public Comment Request: Alzheimer's

Join Us
Are you interested in learning more about membership in the Alliance? Learn more about the value of Alliance membership.

Choosing Wisely
Choosing Wisely is a campaign designed to provide easy-to-understand guides for getting better, safer, more effective care. It is a partnership between the Alliance, The American Board of Internal Medicine (ABIM), the Washington State Medical Association and others. Learn more.

Visit the Community Checkup website
The Community Checkup website helps consumers make informed choices by giving them access to a robust and accessible supply of data and resources. Learn more.

Follow the Alliance on Facebook
We invite you to follow the Alliance on Facebook.

Follow the Alliance on Twitter
We invite you to follow the Alliance on Twitter @WAHealthCheckup.

Follow the Alliance on LinkedIn
We invite you to follow the Alliance

Disease and Other Dementias, Opioid Use Disorder Treatment, and Total Knee and Total Hip Replacement Bundled Payment Model and Warranty
- Joining the Alliance!

We had a great turnout at our All-Alliance Meeting!

We had a full house for our All-Alliance meeting on Sept. 20. We heard from several attendees about how valuable the networking time was, and we were treated to an excellent panel discussion where we learned about bold steps organizations are taking to enhance health care value. We are grateful for the participation of our esteemed panelists:

- Fred Brown, Executive Director, Health Care Cost Management
- David Buchholz, MD, Medical Director, Provider and Customer Engagement, Premera Blue Cross
- Rick Cooper, Northwest Regional Market President for DaVita Medical Group
- Nancy Kokenge, Area Vice President Client Consultant, Arthur J. Gallagher & Company
- Bob Malte, Chief Executive Officer, EvergreenHealth

IMPROVING VALUE IN HEALTH CARE
THE CHOOSING WISELY SUMMIT
W·A WASHINGTON HEALTH ALLIANCE | Washington State Medical Association | Washington State Hospital Association

Improving Value in Health Care: The 2017 Choosing Wisely Summit, Friday, Oct. 27

Register to join health care leaders, stakeholders and national Choosing Wisely® representatives in Seattle on Friday, October 27 for the 2017 Choosing Wisely Summit: Improving Value in Health Care, a day-long, in-depth look at how the Choosing Wisely® initiative can be used to avoid unnecessary medical tests, treatments and procedures in your care setting.

The full-day conference is designed to give practices and organizations of all sizes the tools and inspiration to integrate Choosing Wisely recommendations into daily operations. Conference highlights include:

- Keynote presenter Richard Baron, MD, president and CEO of the American Board of Internal Medicine and ABIM Foundation, will offer a look at the campaign's key accomplishments and goals for the future.
- Matt Handley, MD, senior medical director of quality and safety at Kaiser Permanente Washington, will discuss the importance of having a structured implementation plan to successfully make changes at the system level—and outline the steps you need to take for success.
- Paul McGann, MD, chief medical officer of quality improvement at the Centers for Medicare & Medicaid Services, will show how MACRA's Quality Payment Program aligns with Choosing Wisely recommendations—and how working on one benefits the other.
- Graham McMahon, MD, president and CEO of the

on our LinkedIn company page.

The Washington Health Alliance brings together those who give, get and pay for health care to create a high-quality, affordable system for the people of Washington state.

Accreditation Council for Continuing Medical Education, will outline strategies for leveraging continuing medical education to change physician behavior and provide examples of clinical education strategies used around the country that support Choosing Wisely.

If your practice or organization is working to integrate Choosing Wisely recommendations into daily operations, this conference will give your team the tools and inspiration to implement change within your care setting.

Learn more about and register for the Choosing Wisely Summit. This activity has been approved for AMA PRA Category 1 Credit™. This activity has been approved for ABIM MOC points.

Opioid Medication and Pain infographic now available in 21 languages

The Opioid Medication and Pain infographic developed by the Bree Collaborative and the Alliance has been translated by Public Health – Seattle & King County into 21 additional languages, from Arabic to Vietnamese. As a result, more people will have access to important messages about the risks of opioids. Our thanks to Public Health – SKC for amplifying the reach of this infographic.

Healthier Washington quarterly webinar: How shared decision making supports value-based care

The Health Care Authority's Chief Medical Officer Daniel Lessler, Associate Medical Director Emily Transue, and Practice Transformation Manager Laura Pennington will explain how the use of Shared Decision Making in clinical settings support value-based care and the vision of a healthier Washington during a webinar Oct. 4, from 1 to 2 p.m. Register to attend.

Healthier Washington Symposium is Oct. 18-19

The Healthier Washington Symposium brings together key partners from around the state to learn, collaborate and engage. Partners are invited to bring new ideas and proposals for strengthening Healthier Washington efforts, and have opportunities for reaction and dialogue. This year the theme is "A Commitment to Value." Learn more here.

Registration open for free conference on practice transformation success

Steering Toward Success: Achieving Value in Whole-Person Care is a free,

one-day conference designed to help behavioral health agencies, primary care practices, providers and interested stakeholders who are transitioning to whole-person care. This conference will provide an opportunity to learn best practices, strategies, and the latest information on practice transformation including value-based care, and physical and behavioral health integration, from some of the state's leading experts. The conference is presented by the Healthier Washington Practice Transformation Support Hub and its partners, including the Alliance. The conference will be offered on Oct. 26 in Moses Lake. Learn more.

New Consumer Reports resources for treating pain

The Consumer Reports Consumer Health Choices initiative has a new e-hub focused on treating pain. Sections include "Avoiding Opioid Painkillers" and "Where Does it Hurt?" These guides help patients talk with doctors about specific tests and treatments they may be considering. Visit the e-hub.

Bree Collaborative Public Comment Request: Alzheimer's Disease and Other Dementias, Opioid Use Disorder Treatment, and Total Knee and Total Hip Replacement Bundled Payment Model and Warranty

Your feedback is requested on three Bree Collaborative's topic areas: Alzheimer's Disease and Other Dementias; Opioid Use Disorder Treatment, and Total Knee and Total Hip Replacement Bundled Payment Model and Warranty. Our workgroups will review comments before submitting a final draft for review and adoption by the Bree Collaborative. We estimate that the surveys will take 10-15 minutes to complete. *Feedback must be received by* **5pm Friday, October 27th**. For more information, go to: www.breecollaborative.org/involved/. To give additional feedback please contact Ginny Weir, Program Director of the Bree Collaborative at GWeir@qualityhealth.org or (206) 204-7377 or visit www.breecollaborative.org.

Joining the Alliance

If you or someone you know would like to learn more about membership in the Alliance, we have an online tool to help you learn about the value of Alliance membership. Learn more at our Join Us website.