

### LETTER FROM THE EXECUTIVE DIRECTOR

The number of people enrolled in a high-deductible health plan (HDHP) through their employer is growing. Almost 90 percent of enrollees in Affordable Care Act marketplaces are in a plan with a deductible above the amount that qualifies a plan as an HDHP. And as our past Community Checkup reports have shown, there continues to be wide variation in quality and patient experience across our state. Read more from our executive director.

### **ALLIANCE UPDATES**

- New and improved Own Your Health website empowers consumers to be active participants in their own health
- Governor Inslee announces executive order to address opioid epidemic
- CPIN webinar: Choosing Wisely Consumer Strategies (October 26, 2016)
- We're hiring!
- Joining the Alliance

New and improved Own Your Health website empowers consumers to be active participants in their own health We recently launched the newly enhanced Own Your Health website. The Own Your Health campaign empowers Washington consumers to become active participants in their own health and health care. Thanks to a generous grant from the Washington State Health Care Authority's Healthier Washington initiative, the Alliance has redesigned the Own Your Health website to feature the Savvy Health Care Shopper campaign, educating consumers on how to find value in health care.

As a benefit of membership, Alliance purchaser members can choose to direct their employees or members to a customized page on the site. Contact us if you would like to learn more about becoming an Own Your Health partner.

## Governor Inslee announces executive order to address opioid epidemic

Governor Inslee announced this morning his office's plan to

### **LEARN MORE**

#### Join Us

Are you interested in learning more about membership in the Alliance? Learn more about the value of Alliance membership.

### **Choosing Wisely**

Choosing Wisely is a campaign designed to provide easy-to-understand guides for getting better, safer, more effective care. It is a partnership between the Alliance, The American Board of Internal Medicine (ABIM), the Washington State Medical Association and others. Learn more.

### Visit the Community Checkup website

The Community Checkup website helps consumers make informed choices by giving them access to a robust and accessible supply of data and resources. Learn more.

Follow the Alliance on Facebook
We invite you to follow the Alliance
on Facebook.

# Follow the Alliance on Twitter We invite you to follow the Alliance on Twitter @WAHealthCheckup.

Follow the Alliance on LinkedIn
We invite you to follow the Alliance
on our LinkedIn company page.

The Washington Health Alliance

address the opioid use public health crisis by coordinating multisector efforts through executive order. We applaud the Governor for his strong leadership on addressing the opioid crisis. And we are honored to have been named a partner in action for this important initiative. Read more on our blog. brings together those who give, get and pay for health care to create a high-quality, affordable system for the people of Washington state.

### CPIN webinar: Choosing Wisely – Consumer Strategies (October 26, 2016)

Learn more about the resources in the Choosing Wisely toolkit for clinical practice settings. The Clinical Performance Improvement Network is an educational program designed to assist physician practices' efforts on quality improvement. *This activity has been approved for AMA PRA Category 1 Credit*<sup>TM</sup>. Register online.

### We're hiring!

Do you know someone who wants to join with like-minded individuals and health care industry leaders to successfully transform the health care system in Washington state? We have an exciting opportunity to join our team: **Senior Health Data** 

**Analyst**. Learn more about Alliance careers on our website. **Joining the Alliance** 

Are you interested in learning more about membership in the Alliance? Learn more about the value of Alliance membership...

#### **NEW MEMBERS**

Welcome Bayer as the newest member of the Alliance. Read more.

### ON THE BLOG

Washington State gets federal support for Healthier Washington plan

Introducing the new Own Your Health website

Governor Inslee announces executive order to address opioid epidemic

Data and convening remain the core of our work