

2016 COMMUNITY CHECKUP STATEWIDE RESULTS



















The Community Checkup reports results for more than 80 measures, most of them standardized measures used nationally. This helps us see how our state is doing. The Washington State Common Measure Set for Health Care Quality and Cost is a subset of measures that enable a common way of tracking important elements of health, and show how the health care system is performing in Washington state. It also provides important information for private and public health care purchasers. The measures are focused on access to care, prevention, care for acute and chronic conditions, patient experience and cost. The Common Measure Set is one component of the Healthier Washington initiative.

Healthier Washington is a state-sponsored initiative to transform health care in Washington state so that people experience better health throughout their lives and receive better—and more affordable—care when they need it. View the full list of statewide scores below.


















Performance results for commercially insured

MEASURE STATEWIDE RESULTS FOR <u>COMMERCIALLY</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Access to primary care (ages 12–19)	95%	90%	
Access to primary care (ages 12–19 years) (Health Plan)	95%	87%	
Access to primary care (ages 12–24 months)	99%	98%	
Access to primary care (ages 12–24 months) (Health Plan)	99%	97%	
Access to primary care (ages 20–44)	95%	92%	
Access to primary care (ages 20–44) (Health Plan)	95%	92%	
Access to primary care (ages 2–6 years)	96%	89%	
Access to primary care (ages 2–6 years) (Health Plan)	96%	88%	

MEASURE STATEWIDE RESULTS FOR <u>COMMERCIALLY INSURED</u>	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Access to primary care (ages 45–64)	97%	96%	
Access to primary care (ages 45–64) (Health Plan)	97%	96%	
Access to primary care (ages 65+)	99%	98%	
Access to primary care (ages 65+) (Health Plan)	99%	97%	
Access to primary care (ages 7–11 years)	97%	90%	
Access to primary care (ages 7–11 years) (Health Plan)	97%	88%	
ADHD medication generic prescriptions	NA	70%	
Adolescent well-care visits	62%	44%	
Antidepressant medication generic prescriptions	NA	98%	
Appropriate testing for children with sore throat	92%	77%	
Appropriate testing for children with sore throat (Health Plan)	92%	81%	
Avoiding antibiotics for adults with acute bronchitis	38%	34%	
Avoiding antibiotics for adults with acute bronchitis (Health Plan)	38%	34%	
Avoiding X-ray, MRI and CT scan for low-back pain	83%	80%	
Avoiding X-ray, MRI and CT scan for low-back pain (Health Plan)	83%	81%	
Blood pressure control for people with cardiovascular disease (Health Plan)	75%	57%	
Blood pressure control for people with diabetes (Health Plan)	76%	64%	
Blood sugar (HbA1c) testing for people with diabetes	94%	90%	
Blood sugar (HbA1c) testing for people with diabetes (Health Plan)	94%	91%	

MEASURE STATEWIDE RESULTS FOR <u>COMMERCIALY</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Breast cancer screening	80%	75%	
Breast cancer screening (Health Plan)	80%	70%	
Cervical cancer screening	82%	75%	
Cervical cancer screening (Health Plan)	82%	71%	
Chlamydia screening	60%	39%	
Chlamydia screening (Health Plan)	60%	44%	
Cholesterol-lowering medication generic prescriptions	NA	92%	
Colon cancer screening	72%	63%	
Colon cancer screening (Health Plan)	72%	61%	
Counseling children and adolescents for exercise (Health Plan)	73%	55%	
Counseling children and adolescents for nutrition (Health Plan)	78%	57%	
Emergency room visits (Health Plan)***	244.4	140.3	
Eye exam for people with diabetes	70%	75%	
Eye exam for people with diabetes (Health Plan)	69%	58%	
Follow-up after hospitalization for mental illness (30 Days) (Health Plan)	84%	72%	
Follow-up after hospitalization for mental illness (7 Days) (Health Plan)	67%	53%	
High-blood pressure medication generic prescriptions	NA	97%	
Hospital readmissions within 30 days (commercially insured)***	0.6	1	
Hospital readmissions within 30 days (commercially insured) (Health Plan) ***	59%	75%	

MEASURE STATEWIDE RESULTS FOR <u>COMMERCIALLY INSURED</u>	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Hospitalization for COPD or asthma*.,***	NA	52	
Kidney disease screening for people with diabetes	90%	86%	
Kidney disease screening for people with diabetes (Health Plan)	93%	89%	
Managing medications for people with asthma	NA	67%	
Managing medications for people with asthma (Health Plan)	55%	48%	
Medication safety: monitoring patients on high-blood pressure medications	86%	82%	
Medication safety: monitoring patients on high-blood pressure medications	86%	82%	
Medication safety: monitoring patients on high-blood pressure medications (Health Plan)	86%	81%	
Mental health services for adults	NA	29%	
Mental health services for children	NA	35%	
Poor control of blood sugar (HbA1c) for people with diabetes (Health Plan)	21%	37%	
Potentially avoidable ER visits*	NA	10%	
Spirometry testing to assess and diagnose COPD	52%	40%	
Spirometry testing to assess and diagnose COPD (Health Plan)	52%	39%	
Statin therapy for patients with cardiovascular disease	NA	82%	
Staying on antidepressant medication (12 weeks)	75%	72%	
Staying on antidepressant medication (12 weeks) (Health Plan)	75%	68%	
Staying on antidepressant medication (6 months)	60%	56%	

MEASURE STATEWIDE RESULTS FOR <u>COMMERCIALLY INSURED</u>	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Staying on antidepressant medication (6 months)	60%	56%	
Staying on antidepressant medication (6 months) (Health Plan)	60%	51%	
Stomach acid medication generic prescriptions	NA	92%	
Taking cholesterol-lowering medications as directed	NA	76%	
Taking diabetes medications as directed	NA	65%	
Taking hypertension medications as directed	NA	79%	
Tobacco use: advising smokers to quit (Health Plan)	83%	NA	
Tobacco use: discussing strategies to quit smoking (Health Plan)	56%	NA	
Weight assessment for adults (Health Plan)	91%	77%	
Weight assessment for children and adolescents (Health Plan)	83%	56%	
Well-child visits (ages 3-6 years)	87%	73%	
Well-child visits (ages 3-6 years) (Health Plan)	87%	69%	

Footnotes














- * A lower rate is better for this measure.
- ** This measure is an observed to expected ratio.
- *** This measure reports per 1,000.
- **** This measure reports per 100,000.

Performance results for Medicaid insured

This Community Checkup report reflects the full enrollment due to Medicaid expansion under the Affordable Care Act. (The previous Community Checkup report only captured six months of expanded enrollment.) This report, also for the first time, fully captures Medicaid enrollees in Medicaid managed care organizations (MCOs).

Besides dramatically increasing the number of people in Washington covered under Medicaid, the expansion may have an impact on the results in this report. For example, some measures in this report require continuous enrollment over a period of time in order for a patient to be included in results. Moreover, as the health care system works to absorb this large number of new patients, some results may be affected as patients seek access to providers.










Because of these transitional issues, results for Medicaid enrollees in the current Community Checkup may not necessarily reflect future results.

MEASURE STATEWIDE RESULTS FOR <u>MEDICAID</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Access to primary care (ages 12–19)	95%	90%	
Access to primary care (ages 12–19 years) (Health Plan)	95%	87%	
Access to primary care (ages 12–24 months)	98%	89%	
Access to primary care (ages 12–24 months) (Health Plan)	98%	92%	
Access to primary care (ages 20–44)	87%	71%	
Access to primary care (ages 20–44) (Health Plan)	87%	70%	
Access to primary care (ages 2–6 years)	93%	75%	
Access to primary care (ages 2–6 years) (Health Plan)	93%	81%	
Access to primary care (ages 45–64)	92%	75%	
Access to primary care (ages 45–64) (Health Plan)	92%	80%	
Access to primary care (ages 65+)	92%	84%	
Access to primary care (ages 65+) (Health Plan)	92%	85%	
Access to primary care (ages 7–11 years)	96%	86%	

MEASURE STATEWIDE RESULTS FOR <u>MEDICAID</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Access to primary care (ages 7–11 years) (Health Plan)	96%	88%	
ADHD medication generic prescriptions	NA	78%	
ADHD medication generic prescriptions	NA	78%	
Adolescent well-care visits	67%	41%	
Antidepressant medication generic prescriptions	NA	100%	
Appropriate testing for children with sore throat	85%	66%	
Appropriate testing for children with sore throat (Health Plan)	85%	67%	
Avoiding antibiotics for adults with acute bronchitis	40%	30%	
Avoiding antibiotics for adults with acute bronchitis (Health Plan)	40%	31%	
Avoiding antibiotics for children with upper respiratory infection	95%	93%	
Avoiding X-ray, MRI and CT scan for low-back pain	83%	77%	
Avoiding X-ray, MRI and CT scan for low-back pain (Health Plan)	83%	76%	
Blood pressure control for people with cardiovascular disease (Health Plan)	70%	53%	
Blood pressure control for people with diabetes (Health Plan)	77%	61%	
Blood sugar (HbA1c) testing for people with diabetes	92%	63%	
Blood sugar (HbA1c) testing for people with diabetes (Health Plan)	92%	88%	
Breast cancer screening	71%	27%	
Breast cancer screening (Health Plan)	71%	49%	
Cervical cancer screening	73%	55%	

MEASURE STATEWIDE RESULTS FOR <u>MEDICAID</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Cervical cancer screening (Health Plan)	73%	51%	
Chlamydia screening	69%	51%	
Chlamydia screening (Health Plan)	69%	55%	
Cholesterol-lowering medication generic prescriptions	NA	96%	
Colon cancer screening	NA	43%	
Counseling children and adolescents for exercise (Health Plan)	72%	52%	
Counseling children and adolescents for nutrition (Health Plan)	80%	57%	
Emergency room visits (Health Plan)***	83.7	54.1	
Eye exam for people with diabetes	68%	63%	
Eye exam for people with diabetes (Health Plan)	68%	55%	
Follow-up after hospitalization for mental illness (30 Days) (Health Plan)	80%	NA	
Follow-up after hospitalization for mental illness (7 Days) (Health Plan)	64%	NA	
High-blood pressure medication generic prescriptions	NA	99%	
Hospital readmissions within 30 days (psychiatric conditions)	NA	15%	
Hospitalization for COPD or asthma*~***	NA	484.6	
Kidney disease screening for people with diabetes	88%	71%	
Kidney disease screening for people with diabetes (Health Plan)	93%	88%	
Managing medications for people with asthma	NA	60%	
Managing medications for people with asthma (Health Plan)	43%	32%	

MEASURE STATEWIDE RESULTS FOR <u>MEDICAID</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Medication safety: monitoring patients on high-blood pressure medications	92%	82%	
Medication safety: monitoring patients on high-blood pressure medications (Health Plan)	92%		
Mental health services for adults	NA	46%	
Mental health services for children	NA	63%	
Poor control of blood sugar (HbA1c) for people with diabetes (Health Plan)	30%	52%	
Potentially avoidable ER visits*	NA	19%	
Spirometry testing to assess and diagnose COPD	41%	22%	
Spirometry testing to assess and diagnose COPD (Health Plan)	41%	NA	
Statin therapy for patients with cardiovascular disease	NA	20%	
Staying on antidepressant medication (12 weeks)	63%	58%	
Staying on antidepressant medication (12 weeks) (Health Plan)	63%	55%	
Staying on antidepressant medication (6 months)	48%	42%	
Staying on antidepressant medication (6 months) (Health Plan)	48%	40%	
Staying on antidepressant medication (6 months) (Health Plan)	48%	40%	
Stomach acid medication generic prescriptions	NA	89%	
Substance use disorder services for adults (Medicaid insured)	NA	28%	
Substance use disorder services for children (Medicaid insured)	NA	36%	
Taking cholesterol-lowering medications as directed	NA	57%	

MEASURE STATEWIDE RESULTS FOR <u>MEDICAID</u> INSURED	NATIONAL BENCHMARK	STATE AVERAGE	COMMON MEASURE SET
Taking diabetes medications as directed	NA	45%	
Taking hypertension medications as directed	NA	59%	
Tobacco use: advising smokers to quit (Health Plan)	82%	NA	
Tobacco use: discussing medications to quit smoking (Health Plan)	57%	NA	
Tobacco use: discussing strategies to quit smoking (Health Plan)	51%	NA	
Weight assessment for adults (Health Plan)	93%	84%	
Weight assessment for children and adolescents (Health Plan)	86%	41%	
Well-child visits (ages 3-6 years)	84%	58%	
Well-child visits (ages 3-6 years) (Health Plan)	84%	65%	

Footnotes

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