

UPDATE for the Community



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LETTER FROM THE EXECUTIVE DIRECTOR

We've gotten a lot of attention from our latest [report](#) released last week, using the Milliman MedInsight Health Waste Calculator™ (Calculator) to look at waste in terms of the 47 tests, procedures, and treatments commonly recognized as overused by the Choosing Wisely® campaign and the U.S. Preventive Services Task Force. The response from all corners of the state and national leaders has been truly overwhelming as legislators, hospital administrators, doctors, and plans, have called or written to me to congratulate us on the report; “incredibly important,” “a game-changer,” “absolute home run,” “great work,” “thank you for your determination and courage,” and “this is what courage looks like for all involved.”

[\(Read the full letter HERE\)](#)

ALLIANCE UPDATES

- [Alliance Welcomes New Member Humana](#)
- [Joining the Alliance](#)

Alliance Welcomes New Member Humana

Humana Humana is the Alliance's newest member. In addition to group health insurance and both employer group and individual Medicare plans, Humana offers a wide range of products and services, including health and supplemental insurance plans to service all types of individuals, families, people with Medicare, active service members and veterans. were introduced a mere 3 years later in 1987. They've been going strong ever since.

Join Us

Are you interested in learning more about membership in the Alliance? [Learn more about the value of Alliance membership.](#)

Choosing Wisely

Choosing Wisely is a campaign designed to provide easy-to-understand guides for getting better, safer, more effective care. It is a partnership between the Alliance, The American Board of Internal Medicine (ABIM), the Washington State Medical Association and others. [Learn more.](#)

Visit the Community Checkup website

The Community Checkup website helps consumers make informed choices by giving them access to a robust and accessible supply of data and resources. [Learn more.](#)

Follow the Alliance on Facebook

We invite you to follow the Alliance on Facebook.

Follow the Alliance on Twitter

We invite you to follow the Alliance on Twitter [@WAHealthCheckup](#).

Follow the Alliance on LinkedIn

We invite you to follow the Alliance on our [LinkedIn company page](#).

Announced in 2015, Humana's Bold Goal is a population health strategy to help the communities they serve to be 20% healthier by 2020. Using pilot programs and interventions with community and physician partners, Humana is focusing on improving key social determinants of health and chronic conditions by working with community partners and healthcare practices to create evidence-based, scalable and financially-sustainable solutions to improve population health at a local level. Tackling food insecurity, addressing loneliness and social isolation, and improving transportation are all a part of Humana's Bold Goal effort to improve social factors, environmental conditions and lifestyle behaviors that can have a serious effect on health outcomes.

[Learn more about Humana here.](#)

Joining the Alliance

Our members can be the best ambassadors for our work. If you know someone who would like to learn more about membership in the Alliance, we have an online tool to help you talk about the value of Alliance membership. [Learn more at our Join Us website.](#)

The Washington Health Alliance brings together those who give, get and pay for health care to create a high-quality, affordable system for the people of Washington state.