

## Leading health system improvement

*The Washington Health Alliance brings together those who give, get and pay for health care to create a high quality, affordable system for the people of Washington state*

## With 2022 nearing an end, the Alliance plans to drive change, deliver greater value in 2023

As we round out 2022, the Washington Health Alliance remains grateful for member and community support that has empowered us to develop new, innovative reports, bring organizations and individuals together on crucial healthcare issues, and drive change toward better health for all Washingtonians.

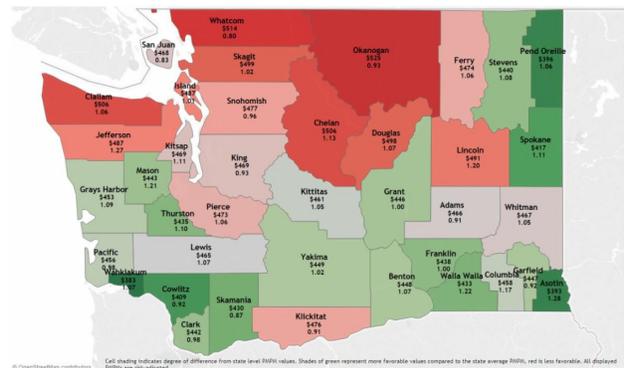
While the Alliance staff has accomplished much in the past year, projects and initiatives for 2023 are well underway, and we are committed to driving value for our members and the community.

[Read the full letter.](#)

## Highlights from 2022:

### Total Cost of Care

Offering groundbreaking insight into how money is spent on healthcare, the Alliance released a series of reports throughout 2022 focused on costs across Washington. **The first report**, released in February, offered unprecedented transparency into how much is spent on healthcare by county and by Accountable Communities of Health.



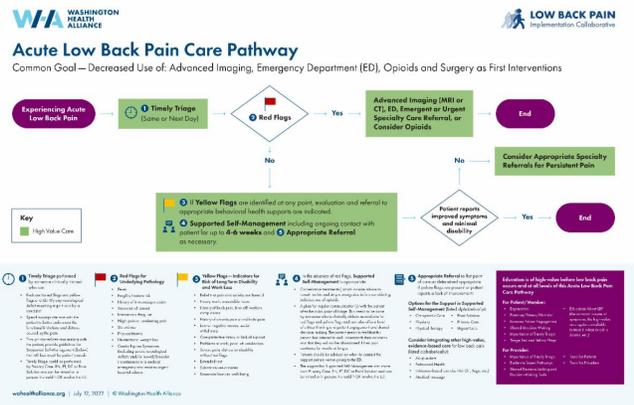
The Alliance then released **a follow-up highlight** in July that offered greater detail, revealing healthcare costs at the medical group and clinic level.

In September, the Alliance connected this information with its Quality Composite Score to **offer a first-ever look** at where high-quality care pairs with low cost. (A scatterplot view is available if you select QCS, TCoC comparison in the infographic.)

The Alliance plans to develop these reports further in 2023, diving deeper into the costs of care in communities across Washington.

[Read more about the Total Cost of Care.](#)

# Low Back Pain Implementation Collaborative



The Low Back Pain Implementation Collaborative launched in February, bringing together more than 30 stakeholders and leading experts to address a medical issue impacting tens of thousands of Washington residents that often leads to millions of dollars in low-value, unnecessary care across the state.

Since its inception, the Collaborative has held meetings to share best practices for healthcare purchasers, health plans, and healthcare providers and hone ways to incorporate improvements to equity and education. The Collaborative has created impactful resources, including the **Acute Low Back Pain Care Pathway**, to help navigate the treatment of this medical issue.

Healthcare provider groups in particular, state-wide, have evaluated and updated multiple facets of their programs based on these suggestions, and plan to do more.

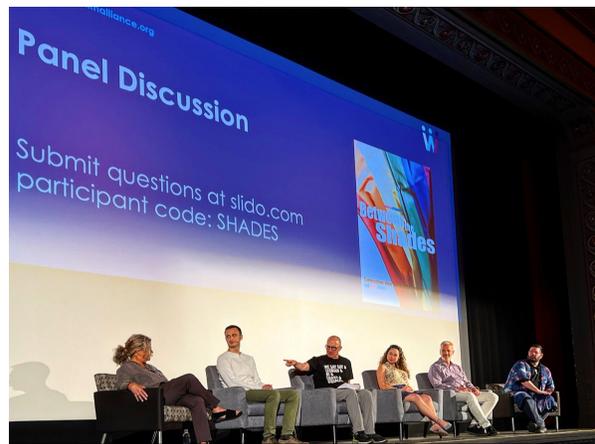
The Collaborative will continue its work in 2023, crafting resources that can best help all stakeholders address the problem and avoid costly, unnecessary care while still achieving positive patient-reported outcomes.

**Read more about the Low Back Pain Implementation Collaborative.**

## DE&I Efforts

This year marked a robust focus on Diversity, Equity, & Inclusion in healthcare for the Alliance.

In honor of Pride Month, the Alliance held a first-ever DE&I event that featured a screening of "Between the Shades," a documentary by Director Jill Salvino that focuses on the ways individuals define themselves and their lives in the LGBTQ+ community. The screening was paired with a discussion among an expert panel on behavioral health barriers in the community in Washington.



To further spread the information, **the Alliance recorded and produced a video** that captures the conversation.

Building off this event, **the Alliance released an action brief** in November that offers insight for employers, health plans, and healthcare providers to better address these barriers.

In 2023, DE&I will remain a core focus of the Alliance as it works to drive healthcare change for all the communities in Washington.

**Read more about the Alliance's DE&I efforts.**

Our members and community supporters can be the best ambassadors for our work. If you know someone who would like to learn more about membership in the Alliance, contact Executive Director Drew Oliveira at [doliveira@wahealthalliance.org](mailto:doliveira@wahealthalliance.org).



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Visit our Website



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